

Master Builders of Iowa

Learning Opportunities Planner

2011/12 Training Curriculum for Field & Office



www.mbionline.com/meetings

Schedule at a Glance

SEPTEMBER 2011

- 9 **Lead Safe Renovator Training** • Held in Omaha, Nebraska • *Page 11*
- 15-16 **10 Hour OSHA Construction Course** • Held in Cedar Rapids, Iowa • *Page 12*
- 20 **Stormwater Regulations** • Webinar • *Page 9*
- 30 **Lead Safe Renovator Training** • Held in Waterloo, Iowa • *Page 11*

OCTOBER 2011

- 7 **Crane Signal Person & Rigger Applications Training** • Held in Omaha, Nebraska • *Page 12*
- 14 **Lead Safe Renovator Training** • Held in Sioux City, Iowa • *Page 11*
- 17 **Preparing for Insurance Bidding** • Held in Des Moines, Iowa • *Page 7*
- 20 **Competent Person Scaffold Builder & User Training** • Held in Little Amana, Iowa • *Page 13*
- 25 **Conduct Your Own Safety Audits** • Webinar • *Page 9*
- 28 **Lead Safe Renovator Training** • Held in Dubuque, Iowa • *Page 11*
- 31 **Field Management Leadership Series** • Held in Cedar Rapids, Iowa • *Page 4*

NOVEMBER 2011

- 1 **Field Management Leadership Series** • Held in Des Moines, Iowa • *Page 4*
- 2 **Field Management Leadership Series** • Held in Omaha, Nebraska • *Page 4*
- 3-4 **10 Hour OSHA Construction Safety Course** • Held in Des Moines, Iowa • *Page 12*
- 7-8 **Your Role in the Green Environment** • Held in Des Moines, Iowa • *Page 7*
- 11 **Lead Safe Renovator Training** • Held in Ottumwa, Iowa • *Page 11*
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DECEMBER 2011

- 1-2 **10 Hour OSHA Construction Safety Course** • Held in Omaha, Nebraska • *Page 12*
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- 13 **Truck Driver Safety Regulations** • Webinar • *Page 9*
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- 16-19 **30 Hour OSHA Construction Safety Course** • Held in Des Moines, Iowa • *Page 15*
- 17 **Essential Tax Concepts, Strategies & Techniques for Contractors** • Webinar • *Page 10*
- 27 **Lead Safe Renovator Training** • Held in Davenport, Iowa • *Page 11*

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- 10 **Lead Safe Renovator Training** • Held in Iowa City, Iowa • *Page 11*
- 20-22 **MBI Annual Convention** • Held in Des Moines, Iowa
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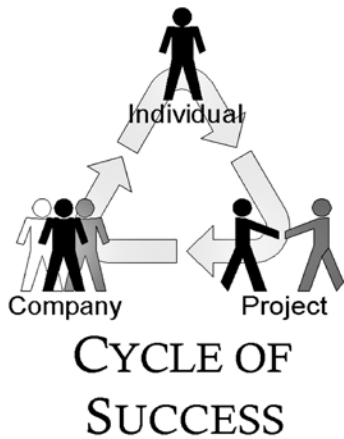
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The Academy for



Academy Schedule

March 13, 2012
West Des Moines, Iowa
 8:00 am – 5:00 pm Leadership Session
 5:30 pm Dinner

March 14, 2012
West Des Moines, Iowa
 8:00 am – 12:00 pm Promoting Jobsite Safety

March 23, 2012
Webinar Presentation
 1:00 – 3:00 pm Estimating and Job Costing

March 30, 2012
Des Moines, Iowa
 8:00 am – 11:30 am Common Sense Contracts
 11:30 am Lunch

April 6, 2012
Webinar Presentation
 1:00 – 3:00 pm Improve and Maximize Field Productivity

April 20, 2012
Ames, Iowa
 8:00 am – 12:00 pm Project Planning and Scheduling
 12:00 – 1:00 pm Lunch
 1:00 – 3:00 pm Risk Management
 3:00 – 5:00 pm Leadership-Conclusion

MBI updates course content on a regular basis to keep current with industry trends and offers solutions participants can take back to share with colleagues, including problem solving techniques, team building and wellness initiatives, just to name a few. The Academy for Project Managers enable participants to take part in an interactive program that explores the critical areas of project management that project managers in the construction industry tackle on a daily basis. The course's curriculum builds on itself throughout the series, starting with leadership and management training and moving on to cover safety, estimating, job costing, contracts, profitability, scheduling and much more. In addition to CEU contact hours, graduates finish this training series with the essential knowledge necessary to bring their very best to their projects, their teams and their companies as well as an expanded network of professional colleagues. Sessions are instructed by the very best in our field, including constructors who are leaders in their companies, construction attorneys, productivity experts, and others familiar with current trends in today's market.

WHO SHOULD ATTEND? An invitation to attend is extended to all individuals in the construction industry who exhibit the ability to lead. We encourage you to invest at your project manager level. These programs have been designed to provide the right mix of technical knowledge to develop necessary skills, while focusing on Team Work, Leadership, Motivation and Persuasion . . . all of which are critical attributes for tomorrow's industry.

Tuition Fee • The tuition is \$1,000 for members of the Master Builders of Iowa and \$1,350 for non-MBI members. Fees include the following seven sessions, class materials and meals where noted. Participants are responsible for travel and overnight accommodations.

For more information contact Monica Worheide at (515) 657-4386 or mworheide@mbionline.com.

Leadership

Presenter

Charles Cook, R.S. Cook & Associates, Southeastern, PA

Leadership skills are the utmost importance to project managers in the construction industry. An individual's development as a leader is critical to their personal, project and company's success. Influencing and motivating others is one of the project manager's biggest leadership challenges. This course provides project managers with the initial step in a life-long process of developing leadership competency. This session focuses on identifying the necessary competencies required of successful project managers. Participants use self-assessment instruments to identify their

preferences for communication, motivation, conflict management, and decision making. From this information, participants can develop a personal leadership program and goals. Utilizing self – assessment enables participants to recognize how their preferences influence those around them. Objectives are as follows:

- Leader / Manager Balance
- Leader Styles and EQ
- Motivation Across the Team to Solve Problems, Make Decisions and Make a Profit
- Developing an Action Plan

Project Managers

Promoting Jobsite Safety

Presenter

Matt Forck, K-Crof Industries, LLC,
Columbia, MO

This program will teach the steps of having a safe jobsite by starting before the project begins to plan for the hazards inherent in each phase of construction. Managing jobsite safety cannot be left solely to the jobsite superintendent or safety manager. It must include the project manager and associated staff as well because the best way to have a safe jobsite is to start planning for one as the project is bid. Safety efforts have to work hand in hand with production rather than be an afterthought. The course objective is to show the need for the project manager to be actively involved in project safety by working with the superintendent and safety manager rather than just letting them handle it. Also the course will present tools the PM can use so the outcome will be a project that is proactive rather than reactive.

Estimating & Job Costing

Presenter

Carlton Goodwin, Architect, LEED, AP
Cedar Rapids, IA

The overview of this presentation is an introduction to Estimating Basics. Items covered in this presentation will be project planning and set-up; estimating costs for specific tasks; estimating costs not associated with a specific task; estimating costs of work by others; putting estimates into action; estimating redesign and revisions and project contributions to corporate profits and module summary.

Other course aspects include:

- Understand the different types of estimates
- Develop professional estimating skills
- Appreciate the importance of good documentation and consistent formatting
- Gain awareness of how accurate cost information is critical to the success of the company
- Understand the link between design, estimating and project costs
- Learn how equipment costs are developed and integrated into the estimate
- Learn how general cost and overhead not assignable to a specific task are included in the estimate

Common Sense Contracts

Presenter

John Templar, Whitfield & Eddy, PLC,
West Des Moines, IA

This session covers the following topics: an introduction to Construction law and project delivery; contract basics; negotiating fair contracts; contract documents; payment terms; legal issues; contracting with others for required work; and contract termination and module summary. Participants will discuss how basic contracts are structured, how different types of contracts are used, and how project documentation relates to effective contracting. Attendees will also increase their awareness of important contract law and language, and how they are related to project risk, how different project delivery methods use different contracting strategies and be able to distinguish between partial and material breaches and understand the significance of termination, bankruptcy, and breach of contract claims.

Improve and Maximize Field Productivity

Presenter

George Hedley, Hardhat Presentations,
Newport Beach, CA

Running efficient and productive construction projects start with effective supervision. Learn how the best project managers improve productivity by setting clear project goals, tracking and monitoring progress, and making people accountable to achieve results. Learn ongoing techniques for reporting, recognition, scheduling, and implementing pro-active methods to guarantee your projects finish on time, under budget, safe and with quality workmanship.

- Set clear project goals and targets
- Track and monitor progress
- Motivate, encourage and inspire
- Improve scheduling systems

Project Planning and Scheduling

Presenter

Brian Stater, Bowen Engineering Corp.,
Knoxville, TN

The goal of this session is to identify the importance of pre-planning and its correlation with a company's bottom line. Overall Objectives include:

- Outline the pre-planning process
- Discuss pre-planning and planning tools
- Demonstrate team building techniques within the pre-planning process
- Identify the project manager's role in cost control
- Discuss the importance of tracking job costs
- Examine sample report forms used throughout the project in order to demonstrate the need for meaningful cost budgets
- Illustrate cost analysis through the use of examples
- Explain how good cost control practices and forecast probable final project cost

Risk Management

Presenter

Thomas (TJ) Lyons, Innovative Technical
Solutions, Walnut Creek, CA

This session will address the following subjects: managing risk; insurance, sureties and bonding; warranties and liability periods; documentation and managing risk; risk management issues; conduct of employees; project risks; and risk allocation and module summary.

The Learning Objectives are as follows:

- Gain awareness of how risk changes over the different phases of a project
- Understand the types & sources of risk
- Learn techniques for managing risk, specifically risks that are the contractor's primary responsibility
- Learn how the scope and nature of risk management varies based on project contracting method
- Learn about warranty periods and liability tales
- Understand the basics of insurance and bonding
- Appreciate the importance of documentation in controlling risk
- Learn how quality control / quality assurance plans help mitigate performance risk
- Learn how risk and profit are related

Field Management

The Field Manager Leadership Series (FMLS) is designed for the construction industry and supervisors in the construction industry. This ranges from new field managers, soon to become field managers, and field managers with considerable experience who recognize the need to become more effective.

The goal of the program is to develop expanded competencies in each of the subject areas. Topics covered are project and field leadership, people resource management, managing and leading safety programs, Field Production, and project evaluation and administration. Participants in the FMLS series will draw upon their field experience and learn by interaction with others from all areas of the construction industry.

Tuition Fee • The tuition is \$600 for members of Master Builders of Iowa and \$850 for non-MBI members, which includes admittance to both Sessions I and II, class materials and lunches. Participants may also register for sessions separately for a price of \$350 for members, per session and \$475 for non-MBI members, per session.

For more information contact Monica Worheide at (515) 657-4386 or mworheide@mbionline.com.

Session I

Site Management

8:00 am – 12:00 pm

Presenter

Charles Cook, R.S. Cook & Associates, Southeastern, PA

An effective foreman and superintendant must have good oral communication skills as well as clear writing skills. Leadership ability is essential, especially in managing large projects with many workers and supervisors. For a person to effectively manage large projects, they must be able to develop good working relationships with the people and businesses they depend on for supplies, labor, equipment, etc. This seminar will help participants understand their own management style.

Additional Components:

- Understanding the Team to lead, manage, and resolve conflicts
- DiSC - The foundation of personal and professional success lies in understanding yourself, understanding others and realizing the impact of your personal behavior on the people around you.
- Developing an Action Plan

Field Production & Business

1:00 pm – 3:00 pm

Presenter

Jim Off, Kirkwood Community College, Cedar Rapids, IA

This course focuses on enhancing two communication fronts for supervisors and superintendents: 1) field workers & supervisors, and 2) subcontractors, project managers, and, most importantly, owners. On the former, the participant will learn best practices for working, organizing and disseminating productive information to people in the field. The latter section of this class will concentrate on learning successful communication methods with project managers and owners.

When you have completed this module, you will be able to do the following:

- Organize and conduct efficient meetings
- Apply the principles of team management
- Operate with a customer focus perspective
- Distribute and balance empowerment on the construction site
- Measure and seek continuous improvement
- Utilize best practices for specialty contractor coordination
- Utilize best practices for change order processes
- Understand importance of creating a crew culture and cohesiveness

People Resources and Field Management

3:00 pm – 5:00 pm

Presenter

Leon Shearer, Shearer Law Firm, Wauke, IA

Supervisors and superintendents will be presented with the best hiring, conflict prevention, and conflict resolution and labor legal practices. In addition, participants will learn best practices for managing people. Different nationalities, personalities and trades make social navigation much more difficult for field leaders. This course is about both, methods for minimizing and fixing conflicts.

Course Objectives:

- Conduct effective job orientations
- Best practices for conflict resolution
- Design and management of multicultural crews
- Conduct effective performance reviews
- Enforce company HR and discipline policy
- Understand Labor Laws
 - Hiring/Firing
 - Harassment / Discrimination

Leadership Series (FMFLS)

Session I

Choice of 3 Locations

October 31, 2011
Cedar Rapids, Iowa

November 1, 2011
Des Moines, Iowa

November 2, 2011
Omaha, Nebraska

Session II

Choice of 3 Locations

April 9, 2012
Cedar Rapids, Iowa

April 10, 2012
Des Moines, Iowa

April 11, 2012
Omaha, Nebraska

Session II

Field Leadership

8:00 am – 9:30 am

Presenter

Charles Cook, R.S. Cook & Associates,
Southeastern, PA

Participants use self-assessment instruments to identify their preferences for communication, motivation, conflict management, and decision making. From this information, participants can develop a personal leadership program and goals. Utilizing self – assessment enables participants to recognize how their preferences influence those around them. This session will review and analyze how changes in behavior benefit attendees personally and professionally by reviewing methods and results. Attendees will leave with a broader understanding of their leadership style.

Managing & Leading Jobsite Safety

9:30 am – 11:30 am

Presenter

Ron Pritchard, Arcanum Professional
Services, Inc., Plainfield, IN

This course is designed to train the foreman/superintendent on what skills are needed to operate a safe jobsite and give them the tools to do so. The outcome will be a safe efficient jobsite that allows site supervision more time to manage other aspects of the construction activities as well as lessen

workers exposure to hazards. This presentation will provide instruction for anyone who supervises employees, teaching them ways to bring safety into production activities. This presentation will also provide instruction on how to manage subcontractors so they conduct their work in a safe manner.

Course objectives:

- Two-week look ahead: What activities will be started in the next two weeks? What training or equipment is needed to do these activities safely?
- Daily morning briefings are held with the crews that engage them to discuss what hazards they will face that day and how to render the hazards harmless.
- How to be a safety coach rather than a safety cop.
- Leading by example-Why the foreman/superintendent must always perform activities in the safe/preferred manner.
- Pre-construction internal meeting-
supt., PM, Safety Mgr., crew foremen
- Pre-construction external meeting-
subs, major suppliers
- Worker orientation
- Safety planning at all progress meetings
- Incentives

Project Administration and Evaluation

12:30 pm – 4:30 pm

Presenter

Jim Off, Kirkwood Community College,
Cedar Rapids, IA

This course gives supervisors and superintendents the tools to evaluate operations' effectiveness, and details how productivity is measured, how the supervisor plays a major role in increasing jobsite productivity, and how a small increase in productivity can have a significant impact on the time and cost of a project.

You will be able to do the following:

- Organize & prepare project, subcontractor & PM reports
- Perform basic project cost control & overall project production control
- Perform work & cost analysis for field production process
- Create short interval production plans
- Operate site layout & material control
- Measure crew cohesiveness & manage personnel reducing inefficiencies and conflicts while implementing effective supervision best practices
- Benchmark construction productivity
- Improve productivity through pre-planning & scheduling
- Recognize equipment for productivity improvement
- Quantify lost labor productivity
- Keep records on control, changes & defect analysis

MBI Regional Education Conferences

MBI will be holding local conventions in conjunction with three of the regularly scheduled Regional Business Meetings this May. Each conference will offer educational options for all levels of your company. There will be two seminar choices in each time frame, making it easy to personalize your day of training. Just like our Annual Convention held every February in Des Moines, companies will also have the opportunity to take advantage of discounted group pricing.



Special Performance Track Package Pricing is Available to MBI Members

The Performance Track Package fees entitle participants to choose the combination that provides the best value. The more employees you send from one company, the more money you save! All fees include the day of training, continental breakfast and lunch.

Performance Track Pricing for MBI Members:

1st person - \$149.00

2nd person - \$129.00

3rd person - \$99.00

4th person & additional - \$50.00 per person

Non-Member and Construction Update Plan Room Members Fee

\$149.00 per person

Conference Held in 3 Locations

Date May 9, 2012
Location Waterloo, Iowa

Date May 10, 2012
Location Cedar Rapids, Iowa

Date May 11, 2012
Location Des Moines, Iowa

For more information contact Monica Worheide at (515) 657-4386 or mworheide@mbionline.com.

Economic Trends

8:00 am – 9:30 am

What lies ahead in homebuilding, private nonresidential and public construction? Attendees will hear about the current trends affecting the construction industry. Discussion will include a review of how our industry has been impacted by government policy and what can be expected in the future.

Safety Beyond OSHA Compliance

8:00 am – 9:30 am

Many contractors think that if they meet OSHA regulations they've done all that is necessary. True, if your goal is just to comply with the rules but that does not guarantee that there won't be injuries. To put a stop to injuries, companies must have a culture where everyone believes that injuries can be prevented. What needs to be done to go beyond compliance will be presented for all to understand because all must be involved.

Practicalities in BIM

10:00 am – 11:30 am

Building Information Model (BIM). This seminar will cover how this technology helps all the factors of a project to work in a collaborative and concerted manner solely based on the platform of Information Technology. BIM helps the different members of a project to communicate information among themselves which consequently leverages the productivity and at the same time minimizes the error along with cost.

Green Estimating Fundamentals

10:00 am – 11:30 am

This informative seminar will address specific estimating concepts in relation to green and sustainable building. Boost your estimating skills by becoming up-to-date with key concepts, tips, pointers and guidelines that can save you time and more importantly, help you avoid costly estimating oversights and errors.

Regional Meeting and Lunch

12:00 pm – 1:00 pm

MBI membership meetings are held to introduce new initiatives, services and provide important membership updates and reports.

NCCER: How to Set Up a Cost-Effective Company Training Program

1:30 pm – 3:00 pm

Participants will explore the different craft training configurations available for construction companies. Construction companies have different training needs and this class explains the state-wide network for craft training. In addition, companies may choose to develop training programs using internal resources through company-based training units. This session will discuss the outlook for craft certification requirements.

LEAN Techniques

1:30 pm – 3:00 pm

The seminar will cover Lean Construction Basics by introducing key concepts, principles, and techniques on a better way to deliver construction projects, mitigating waste, and increasing value to the customer and all project stakeholders.

Educational Programs

Preparing for Insurance Bidding

Question . . . Our company is going to solicit bids for our insurance at the next renewal date. What do we do to make a good impression on the insurance carriers?

Answer: Attend this MBI presentation to learn from actual insurance underwriters, those folks who decide if companies are good or bad risks, what they look at and how it helps them determine a contractor's insurance premiums for the upcoming year. At this seminar attendees will learn the process underwriters use to determine which construction companies they think will have or not have accidents in the next year. Hear from actual underwriters what they look for and from contractors who have years of experience in keeping their premiums at a minimum. Attendees who ask questions will come away with answers. This is a must for any company expecting to go to the "market" at the next renewal date.

Date	October 17, 2011	Location	Des Moines, Iowa
Time	1:00 – 3:00 pm	Fee	\$60 MBI Member \$90 Non Member

Presenters:

Bob DeSmidt

Klinger Companies, Inc.
Sioux City, Iowa

Bob has been the Chief Financial Officer for Klinger Companies, Inc. an ENR 400 contractor based in Sioux City, Iowa for 34 years and is a graduate of the University of Iowa. Bob's responsibilities at Klinger include all aspects of risk management including contract review and negotiation, insurance placement, and claims management.

Cerie Garton

Nationwide Insurance
Des Moines, Iowa

Cerie is and has been a commercial lines underwriting consultant with Nationwide Insurance, Des Moines for seven years where she manages and trains other underwriters of commercial insurance. She's been in the insurance business since mid-1970. Ms. Garton has achieved the professional designations of Chartered Property and Casualty Underwriter, Certified Insurance Counselor, Certified Risk Manager, and Associate Underwriter.

Robin Toler, CRIS

Zurich Ins.
Overland Park, KS

Robin has been with Zurich for over 9 years. She began working for Zurich in the Detroit office and then transferred back to Kansas City. Robin graduated from Iowa Western College in 1983. Prior to joining Zurich she worked for Bituminous Insurance for 19 years in Kansas City specializing in the construction and oil & gas markets.

Your Role in the Green Environment

This training brings together the expertise of industry and higher education in defining a topic of growing international importance: green building. Geared to entry-level craft workers or to anyone wishing to learn more about green building, this 15 hour course provides fundamental instruction in the green environment, green construction practices, and green building rating systems. Presented in easy-to-understand terms and illustrations, 'Your Role in the Green Environment' will better equip learners to make decisions regarding their personal impacts on the environment and will make them more aware of how to lessen their impacts in the built environment.

Chapter 1: The Green Environment and You: Choices and Changes

Chapter 2: Working Toward a Green Environment: Best Practices for Construction

Chapter 3: Making Smart Green Decisions: Tools & Strategies

Date	November 7-8, 2011	Fee	\$200 Now \$25* MBI Members (Grant Subsidy Provided)
Time	8:00 am – 5:00 pm		
Location	Des Moines, Iowa		\$275 Now \$25* Non Members (Grant Subsidy Provided)

*To qualify for grant subsidy pricing you must either reside in Iowa or work for an Iowa based company.



Presenter

Carlton Goodwin, Architect, LEED AP

The Kirkwood Center, Cedar Rapids, IA

Carlton is the Program Director for Industrial Technologies and Energy Sustainability at Kirkwood Community College in Cedar Rapids. As an architect, construction project manager, and construction superintendent, Mr. Goodwin has worked on construction projects across the United States. With over thirty years of professional design and construction experience, Carlton brings a vast field of knowledge to the classroom. Mr. Goodwin is also an accomplished carpenter. Carlton completed his Bachelor of Architecture degree at Hampton University and holds licenses to practice architecture in Iowa and Virginia. Among his other accomplishments he is a LEED AP and member of US Green Building Council, USGBC. Carlton is also nationally certified as a HERS Rater by RESNET and the Building Performance Institute BPI recognizes him as a Certified Building Envelop Specialist.

Register Online at www.mbsonline.com/meetings

Master Builders of Iowa

Blueprint Reading Essentials Course

Construction drawings can be difficult to understand and mistakes can be costly. Being able to read and understand construction drawings is a fundamental skill for anyone involved in the construction industry. In this session participants will gain the skill necessary to read and understand typical construction documents – blueprints and specifications.

The course outline includes: Plan Reading; Code Review Plans; Civil Plans; Architectural Plans; Reflected Ceiling Plans; Terminology; Elevations; Sections; and Details.



Date December 14, 2011
Time 1:00 pm – 5:00 pm
Location Waterloo, Iowa
Fee **\$100 MBI Members**
\$150 Non Members

Presenter

Wayne Wurzer

Knutson Construction Services, Iowa City, IA

Mr. Wayne Wurzer has been a superintendent at Knutson Construction Services for 25 years. He has worked on projects in Minnesota, North Dakota and has been in Iowa for the past 19 years. Wayne graduated from Iowa State with a Construction Engineering degree. Mr. Wurzer has taught blueprint reading at the Construction Expo for the last several years, always drawing sold-out crowds and praise from his students.



Date April 25, 2012
Time 1:00 pm – 5:00 pm
Location Omaha, Nebraska
Fee **\$100 MBI Members**
\$150 Non Members

Presenter

David Hazlewood

Iowa Western Community College, Council Bluffs, IA

David Hazlewood has been the Department Chair of the Construction Technology program at Iowa Western Community College since 2008. Prior to becoming the Department Chair he taught Residential and Commercial Construction and Welding in the Construction Technology program for 7 years. He also taught engineering and explosives for the United States Marine Corps at Quantico, Virginia for two years.

Energy Fundamentals & Applications

During this 2 day course, participants will discuss energy performance of buildings, building shells, HVAC, electrical, and other building systems. Participants will also review the analysis and evaluation of building performance, energy efficiency, environmental quality, first costs, and operating costs. Strategies to exceed energy code requirements through the ASHRAE Standard 90.1.

Through this training, participants will understand how requirements should be met through the building design, construction, and renovation processes and how to evaluate code compliance during plan review and inspection.

This training will provide 16 CEU contact hours and has been approved by the USGBC to apply towards LEED credential maintenance. Due to an IWD Green Building grant, \$400 of the registration fee will be subsidized for each participant. **The cost to attend per participant is reduced from \$800 to \$400.** This fee includes all training, class materials and lunch on both days.



Date December 21-22, 2011
Time 8:00 am – 5:00 pm
Location Waterloo, Iowa
Fee **\$800 Now \$400* MBI Members**
(Grant Subsidy Provided)
~~\$1000~~ Now \$600 Non Members

Date May 23-24, 2012
Time 8:00 am – 5:00 pm
Location Des Moines, Iowa
Fee **\$800* Now \$400 MBI Members**
(Grant Subsidy Provided)
~~\$1000~~ Now \$600 Non Members

*To qualify for grant subsidy pricing you must either reside in Iowa or work for an Iowa based company.

Presenter

Brad Perkins

Iowa State University, Ames, IA

Mr. Perkins graduated from the ISU Construction Engineering program in 1997. He has worked at Black & Veatch in Overland Park, Kansas, ACI Mechanical in Ames, Iowa and KJWW Engineering in Des Moines, Iowa. In 2001, he passed the Iowa PE exam, and is a licensed professional mechanical engineer. Some of the larger projects that Brad has worked on include the Lungmen Nuclear power plant (Taiwan), Valley High School remodel (Des Moines), State of Iowa Laboratory (Ankeny), and Allied Insurance Building (Des Moines). Mr. Perkins has been teaching classes in Construction Engineering at ISU since the Fall of 2005 including Estimating, Construction Methods and Materials and Project Life Cycle.

Stormwater Regulations: What the New Mandated Discharge Limits, Monitoring Requirements and Prescriptive Controls Mean for Contractors

Contractors are encouraged to participate to learn about federal requirements - called Construction and Development Effluent Limitations Guidelines (C&D ELG) – and how they have changed the way contractors manage stormwater on their projects. The C&D ELG rule took effect in February 2010 and phases in over four years. Review of nationwide numeric discharge limits and monitoring requirements are now in effect. These limits strictly enforce the turbidity in the amount of sediment allowed to run off from any construction site disturbing ten or more acres of land at any one time (whether contiguous or not). The new rule, issued by the U.S. EPA in December 2009, also specifies the exact types of erosion and sediment controls that contractors must use, at a bare minimum, to control stormwater runoff on all construction sites that disturb one or more acres of land.

Presenter Mark Matthews
EPA
Kansas City, MO

Date September 20, 2011

Time 1:30 – 3:00 pm

Fee **\$50 MBI Members**
\$100 Non Members

Conduct Your Own Safety Audits

Every contractor should conduct safety audits of their jobsites in a formal manner, formal meaning that the results of the audit are written down. If a company is not they either don't care if hazards are present or not or don't think it's important or don't know how. This webinar will rebut all those excuses by explaining why, when and how to conduct an audit. It is designed for the jobsite supervisor and anyone who has company-wide safety responsibilities.

Presenter Tom Suckow
Master Builders of Iowa
Des Moines, IA

Date October 25, 2011

Time 1:30 – 2:30 pm

Fee **\$50 MBI Members**
\$100 Non Members

The Benefits of Webinars

Webinar is short for Web-based seminar. Webinars are just like training room based seminars, however, participants view the presentation through their Web-browser and listen to the audio through their telephone or VOIP. A key feature of a Webinar is its interactive elements -- the ability to give, receive and discuss information. Webinars can also be viewed by multiple attendees in one location as the pricing is based on each connection.

Do You Have a Succession Plan in Place?

This estate and succession planning webinar is a must attend for all family business owners. Business owners, along with their family members – regardless if they are active in the family business – are encouraged to attend. You will learn practical and powerful content from nationally recognized speakers. This educational seminar could literally assure that your business successfully continues and that your family still ends up speaking to one another!

Presenters Leon Resnick
Terrance Resnick
Resnick Associates
Kansas City, MO
Harrisburg, PA

Date November 22, 2011

Time 1:30 – 3:00 pm

Fee **\$50 MBI Members**
\$100 Non Members

Truck Driver Safety Regulations

This webinar is aimed at those contractors who don't have large trucks that would require someone with a CDL to operate but at those whose employees drive smaller vehicles. Straight trucks or trucks and trailers that transport materials around the state must meet certain DOT regulations that are frequently unknown or ignored by contractors. The presenter, Chris Boswell with the IDOT, is an educational officer MBI has called on before with much success. He brings the facts in a way that all can understand and explains why it's better for contractors to comply rather than be fined by a DOT enforcement officer.

Presenter Chris Boswell
Iowa DOT
Des Moines, Iowa

Date December 13, 2011

Time 1:30 – 2:30 pm

Fee **\$50 MBI Members**
\$100 Non Members



Leon Resnick
Resnick Associates
Kansas City, MO



Terrance Resnick
Resnick Associates
Harrisburg, PA

Leon B. Resnick and Terrance K. Resnick, identical twins, are partners in Resnick Associates, a nationally recognized estate, business succession, and life insurance planning firm. Resnick Associates has spoken before and worked extensively with a large number of business and trade associations and their members throughout the United States.

Some of these industries include aggregates, architectural metal manufacturers, asphalt, association executives, building contractors, boiler manufacturers, construction, corrugated packaging, distributors, electrical contractors, heavy duty truck parts, highway contractors, home builders, home inspectors, landscape, mechanical contractors, petroleum, plumbing contractors, precast concrete, printing, ready mix concrete, rental, road builders, sheet metal, tile, timber framers, timber producers, and trucking.

Resnick Associates has published many articles in business magazines, newspapers, and trade journals on the topics of estate, business succession, and life insurance planning, including a feature article for Nation's Business, at that time, the largest circulated business magazine in the country. In addition, other national and regional publications have featured the firm regarding their work and commitment to their clients.

Webinars

Essential Tax Concepts, Strategies and Techniques for Contractors

This 90 minute webinar, presented by construction industry accounting and tax expert, Rod Foster, CPA, will discuss an array of tax tips and ideas that can help construction contractors save significant dollars and avoid tax problems. Mr. Foster will provide a practical, real-world review of key concepts, strategies and techniques that can make a significant impact on the bottom lines for construction companies. All tax practitioners in public practice with contractor clients or tax and financial professionals in the construction industry will benefit from this timely and insightful seminar.

Presenter Rod Foster
McGladrey, Inc.
Des Moines, Iowa

Date January 17, 2012

Time 1:30 – 3:00 pm

Fee **\$50 MBI Members**
\$100 Non Members

Pre-Hire Fit for Duty Exams

It's a proven fact that employers who don't conduct "fit-for-duty" exams before hiring new workers are more likely to pay more for work comp claims than those that do. It's vitally important to make sure the applicant can meet the physical requirements of the position before given the job than trying to get him/her back to an arbitrary physical condition after an injury has occurred. This webinar will explain what a contractor must do to establish the physical demands for each job description. By matching the applicant with strength and agility requirements he/she is less likely to suffer a debilitating injury.

Presenter Denise Behrends
Iowa Health
Des Moines, Iowa

Date February 28, 2012

Time 1:30 – 2:30 pm

Fee **\$50 MBI Members**
\$100 Non Members

Worksite Immigration Compliance Update

During this 90 minute webinar, presenter Neal Westin with Nyemaster Goode, will give attendees an overview of I-9 compliance and recordkeeping issues, including the latest government guidance regarding I-9 processing and retention. In addition, the webinar will cover best practices for self-audit and correction; opportunities and pitfalls in E-Verify and U.S. Immigration and Customs Enforcement's Mutual Agreement participation; warnings regarding non-compliant electronic I-9 systems; responding to Social Security Administration Decentralized Correspondence notices; and strategies for dealing with the new threat of agency fusion enforcement tactics.

Presenter Neal Westin
Nyemaster Goode
Des Moines, IA

Date March 20, 2012

Time 1:30 – 3:00 pm

Fee **\$50 MBI Members**
\$100 Non Members

Focus Four Hazards for Estimators

OSHA has labeled fall protection, electrical, struck by and caught between hazards as the "Focus Four" because they cause most construction site injuries. Site superintendents know this but do the estimators of construction projects? If they don't know what OSHA's regulations are to prevent injuries from these hazards how can they accurately estimate the time and materials associated with managing them? This webinar will explain what OSHA requires and the options available to comply.

Presenter Tom Suckow
Master Builders of Iowa
Des Moines, IA

Date April 17, 2012

Time 1:30 – 2:30 pm

Fee **\$50 MBI Members**
\$100 Non Members

Managing Your Drug Testing Program

Having a written drug testing program brings rewards and responsibilities. The rewards are evident; workers with drug problems don't get hired. The responsibilities are a little less so. The Iowa law that covers what employers must do to run a testing program is extensive and if the employer doesn't follow it properly it puts itself in a position where it may have to answer to a discrimination charge. This webinar is aimed at those who are responsible for executing their company's testing program so they can learn or relearn what they must do and ask a few questions like "What do we do in states where medical marijuana is legal?"

Presenter Jay Hall
Employee Family
Resources
Des Moines, IA

Date June 19, 2012

Time 1:30 – 2:30 pm

Fee **\$50 MBI Members**
\$100 Non Members

Hearing Loss

Hearing loss among construction workers is commonplace but doesn't need to be. Everyone wants to be able to hear their grandchildren sing a song or tell us about their new friend but unless action is taken when we're young we'll have difficulty doing so. OSHA construction regulations don't require a written program like that found in general industry, but there are other measures that contractors should do to prevent their employees from losing their hearing. Hearing loss is a compensable workers comp claim which might result in buying hearing aids for retired employees for life. Join this webinar to learn what steps are needed to keep your employees from loss of hearing.

Presenter Ken Arp
IOSHA Consultation
Des Moines, IA

Date August 21, 2012

Time 1:30 – 2:30 pm

Fee **\$50 MBI Members**
\$100 Non Members

Essential Field Training

Lead Safe Renovator Training



As of April 22, 2010, EPA regulations became effective that require specific duties of those doing renovation, remodeling and repainting in child-occupied structures built before 1978. One of those duties is to have a "Lead Safe Renovator" on site. This individual must be certified. Anyone who disturbs a total of one square foot of paint in any type of housing structure or any child-occupied facility, like a daycare or kindergarten room, built before 1978, comes under the requirements of the regulations.

Important news from the Iowa Department of Public Health: The reimbursement money has run out for Lead Safe Renovators and starting September 1st citations and penalties will be issued to contractors who are not in compliance with the regulations. Master Builders of Iowa has come to the rescue! MBI has received grant money that allows us to offer the Lead Safe Renovator class for only: \$25!

Time	8:00 am – 5:00 pm
Fee	\$200.00 Now \$25.00* MBI Member (Grant Subsidy Provided) \$249.00 Now \$25.00* Non Member (Grant Subsidy Provided)

*To qualify for grant subsidy pricing you must either reside in Iowa or work for an Iowa based company.

Date	September 9, 2011	Date	October 28, 2011	Date	January 27, 2012
Location	Omaha, Nebraska	Location	Dubuque, Iowa	Location	Davenport, Iowa
Date	September 30, 2011	Date	November 11, 2011	Date	February 10, 2012
Location	Waterloo, Iowa	Location	Ottumwa, Iowa	Location	Iowa City, Iowa
Date	October 14, 2011	Date	December 9, 2011	Date	March 30, 2012
Location	Sioux City, Iowa	Location	Fort Dodge, Iowa	Location	Ames, Iowa

Presenters



Fernando Aveiga
Master Builders of Iowa
Des Moines, Iowa

Fernando is a labor economist whose main career interests involve training in the construction industry. Fernando is a promoter of multicultural construction training programs in order to attract a larger pool of talents to the construction industry. He has provided training in different parts of the country and has 5 years of training experience.



Phil Mercuris
Master Builders of Iowa
Des Moines, Iowa

Phil Mercuris is the Vice President of Safety for Master Builders of Iowa. For more than 20 years, Phil has been actively involved with safety in the construction industry. From 1979 to 1988, Phil served as a labor safety and health consultant and Safety Education Director with the State of Iowa, Bureau of Labor (OSHA). There he gained extensive and technical knowledge of OSHA regulations and compliance standards. Since 1988, Phil has worked for Master Builders of Iowa as the Director and Vice President of Safety and heads the Affiliated Construction Safety Specialists, Inc.



Tom Suckow
Master Builders of Iowa
Des Moines, Iowa

Tom has been involved in construction safety since 1988 as a safety director for both large and small contractors, as an onsite safety professional and as an independent safety consultant. He started in the construction industry in 1972 as a summer laborer and became full time in the industry in 1976. He has expertise in insurance matters, crisis management and human resources. He is authorized to teach the OSHA Construction 10 & 30 Hours Outreach Courses and has received the Associate in Risk Management and Construction Risk and Insurance Specialist certifications.

Master Builders of Iowa

10 Hour OSHA Course

The 10 Hour OSHA Construction Training Course has become so important for employees that it has almost become a requirement. This is a construction safety course, designed for commercial and residential construction firms. Attendees of the class will walk away with knowledge of OSHA requirements, the importance of learning and adhering to proper safety procedures, as well as a practical understanding of why safety conscious behavior is so vital to each and every worker on the jobsite. All who attend will receive a copy of the OSHA 1926 Standards for the Construction Industry, multiple handouts and a completion card issued by the OSHA Institute.

Presenter

Phil Mercuris

Master Builders of Iowa, Des Moines, Iowa

Biography available on page 11.

Date	September 15-16, 2011	Date	November 3-4, 2011	Date	December 1-2, 2011
Time	Day 1: 7:30 am – 4:30 pm Day 2: 7:30 am – 11:30 am	Time	Day 1: 7:30 am – 4:30 pm Day 2: 7:30 am – 11:30 am	Time	Day 1: 7:30 am – 4:30 pm Day 2: 7:30 am – 11:30 am
Location	Cedar Rapids, Iowa	Location	Des Moines, Iowa	Location	Omaha, Nebraska
Fee	\$115 MBI Member (Does not include lunch or OSHA Training Manual) \$115 Non Member (Does not include lunch or OSHA Training Manual)	Fee	\$135 - MBI Member (Includes lunch & manual) \$190 Non Member (Includes lunch & manual)	Fee	\$135 - MBI Member (Includes lunch & manual) \$135 - OBE Member (Includes lunch & manual) \$190 - Non Member (Includes lunch & manual)

Crane Signal Person & Rigging Applications Training

MBI has put together a training and testing program that will prepare workers to meet the new OSHA Standard, which requires that signal persons:

- Know and understand the signaling criteria
- Be competent in the application of the type of signals used
- Have a basic understanding of equipment operation and limitations, including crane dynamics involved in swinging and stopping loads and load deflection from hoisting loads
- Demonstrate this knowledge through a written and practical test

In addition to signal person requirements, the new standard says that when rigging is used for assembly or disassembly, it must be done by a "qualified" rigger. OSHA's definition of "qualified" is "a person who by possession of a recognized degree, certificate, or professional standing, or who by extensive knowledge, training, and experience, successfully demonstrates the ability to solve / resolve problems relating to the subject matter, the work or the project." Other areas of the Standard also reference the need for a "qualified" rigger. Included in this signal person training is basic rigging procedures so an employer can designate a rigger as "qualified."

Presenters

Time 7:30 am – 12:30 pm
Fee **\$135 MBI Members**
\$175 Non Members

Date October 7, 2011

Location Omaha, NE

Date November 18, 2011

Location Des Moines, Iowa

Date January 13, 2012

Location Cedar Rapids, Iowa



Roger (Rocky) Craig
Alex-Teck, Ankeny, Iowa

Rocky has extensive experience in crane inspections and operations. The combination of the technical knowledge and field applications allows Rocky to have an understanding that is needed to train for signals and rigging. Rocky also is a certified crane operator.



Jerry Heckman
Alex-Teck, Ankeny, Iowa

Jerry's experience includes the manufacturing of cranes as the operations manager for Little Giant Crane for many years. Jerry brings the engineering experience and application knowledge for safe crane operations. Jerry is the founder of Alex-Tech, which provides the industry with crane inspections.

Essential Field Training

Competent Person Scaffold Builder and User Training

OSHA statistics show that citations issued relating to scaffolding are the most prevalent. Regulations state that both scaffold builders and users must receive training before they begin their work. This day-long seminar is designed to teach your "competent person" what they need to know to avoid any OSHA citations related to scaffolding and what they need to pass on to the builders and users. Dan Welp of All American Scaffold and Phil Mercuris are teamed up to make this seminar well worth the time to attend.

Date October 20, 2011
Time 8:00 am – 4:00 pm
Location Little Amana, Iowa
Fee **\$125 MBI Members**
\$175 Non Members

Presenters

Phil Mercuris
Master Builders of Iowa
Des Moines, Iowa
Biography available on page 11.



Dan Welp
All American Scaffold
Cedar Rapids, Iowa

Dan has been in the construction industry for over 8 years. As a branch manager, he is responsible for all of the estimates and scaffold designs that come out of the branch. He has worked in environments ranging from industrial settings to large commercial projects. Throughout his time in construction, he has completed numerous classes designed to promote safety and competence in the scaffold field.

Jobsite Safety Management

The process of preventing construction accidents takes place on the jobsite but starts in the office. Specifically it gets kick-started from the person who sits in the corner office, the one who signs the checks. Without support from here everything else really doesn't matter. Not that jobsite safety needs checks signed to be effective, but it does need a commitment from top management to get started. Policies and written programs are a must but it's the efforts carried out at the jobsite that have the most effect when senior management supports them.

But what are those efforts? They are standard activities that work for large or small companies and when carried out at jobsite will make it a safe place to work. When these activities are faithfully completed the chances of an accident occurring are lessened. Less chance equals fewer accidents. This seminar will present those standard activities in a manner that jobsite supervisors and safety managers can immediately put to use. They are simple, cost effective, and really make a difference.



Date December 15, 2011
Time 1:00 pm – 4:00 pm
Location Cedar Rapids, Iowa
Fee **\$60 MBI Members**
\$90 Non Members

Presenter

Brian Smith CHST

The Builders Association, Kansas City, Missouri

Brian has over 16 years experience in the safety, health, and environmental fields. Brian holds a Bachelor of Science in Industrial Safety Management from University of Central Missouri and is a Certified Construction Health and Safety Technician (CHST). He is an authorized Occupational Safety and Health Administration (OSHA) Construction and General Industry Outreach Instructor, Mine Safety and Health (MSHA) Instructor, and American Red Cross Instructor.

Master Builders of Iowa

Competent Person Training for Trenching & Excavation

Every year construction workers are seriously injured or killed in trench cave-ins. The best way to protect your workers from these catastrophes is to ensure you have the necessary training. OSHA requires a Competent Person onsite to determine the proper protective system and perform daily inspections. Knowledge of the Excavation Standard is one of the qualifications for being the Competent Person. This course is designed to familiarize the student with soil identification and testing, the general requirements of the standard, and the recognition of excavation hazards and how to select an appropriate protective system. The class is taught using real world examples that help the student apply the knowledge in a safe and reasonable fashion. The completion of this seminar provides safety awareness components for designating an individual as a "competent person." Attendees completing the training will be tested and will receive a certificate of completion. Attendees will also receive a comprehensive manual.



Date	February 2, 2012
Time	8:00 am – 4:00 pm
Location	Little Amana, Iowa
Fee	\$155 MBI Members \$190 Non Members

Presenter

Darrell Brown

RBS, Des Moines, Iowa

Drawing on 25+ years of experience in the field, Darrell Brown brings that real world experience into the safety arena. He approaches safety and training from both the employer and employee point of view. Recognizing that the rules and the reality don't always match perfectly, he works with companies and their employees on how to find a reasonable approach to meeting compliance requirements while keeping employees safe and healthy.

Mark Your Calendars and Plan to Attend the **2012 Iowa Construction Expo & MBI Annual Convention!**

February 20-22, 2012



- Awards Presentations
- MBI Annual Membership Meeting
- Iowa Construction Industry Safety Conference
- Education & Professional Development Seminars
- Product & Services Displays
- Annual Construction Industry Party
- MBI's Centennial Gala
- Equipment of the Decades Display

www.mbionline.com/mbi-annual-convention

Essential Field Training

OSHA 30 Hour • Construction Outreach Course



This course is meant for anyone who has overall safety responsibility for their company or at a jobsite and wants in-depth instruction on the OSHA Construction Rules as well as the opportunity to learn how cohorts handle challenging situations. There will also be discussions on how to change employee behavior and maximize your safety budget.

Who Should Attend? Anyone with jobsite safety responsibility. Many owners, construction managers, and general contractors are requiring that safety representatives be available on the jobsite having, at a minimum, the OSHA 30-Hour Course.

Instructors throughout the week will bring you the latest information known available. The instructors will include Safety professionals and instructors who are considered experts in their field. The instructors will be on hand to educate and interact with students. The years of experience the instructors bring to the class total 100 plus years. The OSHA 30-Hour Course is a must for anyone responsible for the safety and health of their employees.

Why Should You Attend?

- Achieve a higher level of safety knowledge and professionalism
- Learn the latest on OSHA regulations & most common violations
- Be confident that you are meeting OSHA standards and improving your company's compliance level
- Earn your OSHA 30-Hour Card
- Gain solutions to your voluntary compliance efforts
- Gain additional resources for your questions
- Learn how to create a safer working environment
- Make a difference in your employees' safety attitude
- Know what to do if OSHA shows up and how to avoid OSHA citations

What Will Be Covered?

- Introduction to OSHA standards and the OSHA Act
- General safety and health provisions / "Competent Person"
- Occupational health & environmental control
- Personal Protective Equipment / Respiratory Protection
- Fire Protection and Prevention
- Material Handling / Rigging
- Welding and Cutting
- Electrical
- Scaffolding
- Fall Protection / Stairway and Ladders
- Cranes
- Excavations
- Confined Space Entry
- Crisis Management; Plus More

Date January 16-19, 2012

Location Des Moines, Iowa

Fee **\$500 MBI Members** \$750 Non Members

Fee includes breakfast, lunch and all course materials. Hotel accommodations are not included in the tuition fee.

Comprehensive Fall Protection Training

There needs to be more to a fall protection program than issuing a harness and lanyard to every employee. There needs to be instruction on how to wear a harness, how to build guardrails, how to rescue someone who has fallen and how to preplan to avoid the fall hazard completely. Employees attending this day-long seminar will leave with the knowledge and confidence that they can successfully lessen the likelihood that someone will fall from elevation at one of their jobs.

Date March 8, 2012

Time 8:00 am – 4:00 pm

Location Ames, Iowa

Fee **\$125 MBI Members**

\$175 Non Members

Presenters



Phil Mercuris

Master Builders of Iowa
Des Moines, Iowa

Biography available on
page 11.



Jeff Springer

Process Marketing Group –
DBI / Sala
Omaha, Nebraska

Jeff Springer is well known throughout the Midwest as the "go to guy" for questions regarding fall protection equipment. He has been active in safety since 1995 and currently is Territory Manager for Process Marketing Group.



Register Online at www.mbsonline.com/meetings

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