

**REGISTRATION**  
**Construction Essentials**  
 All Sessions Are Scheduled 11:30 am - 1:00 pm

Registrants may partake in one session or all sessions. Companies may have one or more registrants in each session, but please one registrant per form to distinguish which registrant is attending each class. Please copy form for each additional registrant.

**One registrant per form. Please copy for additional registrants.**

**DIRECT LINE LIFE COACHING**

- Sioux City - March 4, 2009
- Cedar Rapids - March 11, 2009
- Waterloo - March 18, 2009
- Des Moines - March 25, 2009

**LEAN CONSTRUCTION - WEBINAR**

- April 15, 2009
- \*Email address required to register

**ASBESTOS - IS IT MAKING A COMEBACK?**

- Sioux City - May 6, 2009
- Quad Cities - May 13, 2009
- Iowa City - May 20, 2009
- Des Moines - May 27, 2009

**For more information on this seminar, contact Monica Worheide at (515) 288-8904 (800) 362-2578.**

Yes I would like to receive a letter of completion for CEU's

Name: \_\_\_\_\_

\*Email: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone:(\_\_\_\_\_) \_\_\_\_\_

Fax:(\_\_\_\_\_) \_\_\_\_\_

**Fee:** \$10 per person (includes lunch) There is no charge to attend the LEAN Webinar.

**Payment Method:**  
 \_\_\_ Check Enclosed (payable: Master Builders of Iowa)  
 \_\_\_ Credit Card  
 \_\_\_ Please Invoice

**Credit Card Type:** \_\_\_ Master Card \_\_\_ Visa \_\_\_ Discover

**Card #** \_\_\_\_\_ **Exp. Date:** \_\_\_\_ / \_\_\_\_

**Name on Card:** \_\_\_\_\_ **Amount Enclosed \$** \_\_\_\_\_

**Please send registration and payment to:**  
**Master Builders of Iowa**  
 Attn: Laurie Delmott  
 P.O. Box 695  
 Des Moines, IA 50306  
 Phone: (800) 362-2578 / (515) 288-8904  
 Fax: (515) 288-2617



**Master Builders of Iowa**  
 221 Park St.  
 PO Box 695  
 Des Moines, IA 50306  
 www.mbsonline.com



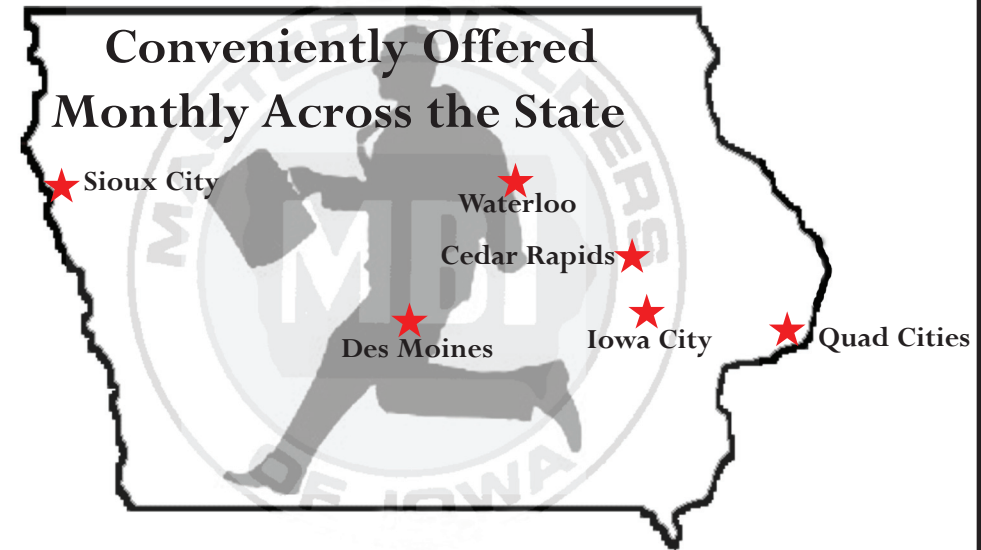
# 2009 CONSTRUCTION ESSENTIALS

*The Basics Course  
 Spring Series*



Essential Construction Topics  
 Presented by Industry  
 Experts to Members as a  
 Benefit of Membership in the  
 Master Builders of Iowa

March • April • May



# CONSTRUCTION ESSENTIALS

Fall  
Program to  
be announced  
Summer 2009

Attend information-filled sessions, focusing on the basics of the construction industry. As well as providing fundamental information, these sessions will provide resources for participants to continue to improve beyond the classroom. The faculty/sponsors are all professionals in their fields and bring years of experience and knowledge with them into the classroom.

## Who Should Attend?

- New employees of small, medium and large construction firms
- Owners/managers of emerging small construction-related businesses
- Targeted Small Businesses
- Employees who are changing positions or moving into new markets

## MARCH

### DIRECT LINE LIFE COACHING

Fee to attend is \$10 per person (Lunch will be provided)

“Ten percent of our workforce account for ninety-percent of our time dealing with personnel issues.”

This session will discuss some of the reasons why ten percent of our workforce devours ninety percent of our time. We will also identify potential strategies that can be implemented throughout our organizations for addressing some of these issues. Participants will work through common workplace issue to strengthen their understanding of process. Participants are also invited to bring examples of issues that they may be currently facing or have faced in the past to work through.

#### Presented by

**Matt Bruinekool**  
**Drake University**  
**Des Moines, Iowa**

Dr. Bruinekool is the Director of the National Rehabilitation Institute at Drake University. He has over 12 years experience teaching courses in career counseling, understanding employers and their needs, and leadership. He has consulted to state agencies on systems change projects and provided organizational analyses and developed management information systems for private agencies. He is currently working to help employers develop an understanding of how to lead and work in a multigenerational workforce.

**Class will be held**  
**11:30 am - 1:00 pm**

**March 4, 2009**

**Sioux City**

Marina Inn  
510 E 5th St  
South Sioux City, NE 68776

**March 11, 2009**

**Cedar Rapids**

Marriott  
1200 Collins Rd NE  
Cedar Rapids, IA 52402

**March 18, 2009**

**Waterloo**

Elk's Lodge  
407 E. Park  
Waterloo, IA 50703

**March 25, 2009**

**Des Moines**

Sheraton  
1800 50th Street  
West Des Moines, IA 50266

## APRIL

### LEAN CONSTRUCTION-*WEBINAR*

There is no fee to attend

**What Is Lean Construction?** Lean construction is about better meeting client's needs while using fewer resources. This is accomplished by designing production systems that minimize waste of materials, time, and efforts in order to maximize client value. This can only be accomplished through collaboration of all project participants. This program explains why it's critical that your firm implement lean principles in order to improve performance and profitability. Key learning points from this program include:

- What makes lean construction different from conventional project management?
- Why lean construction improves performance and profitability?
- Why lean construction is just not another fad, but the future of the construction industry?

#### Presented by

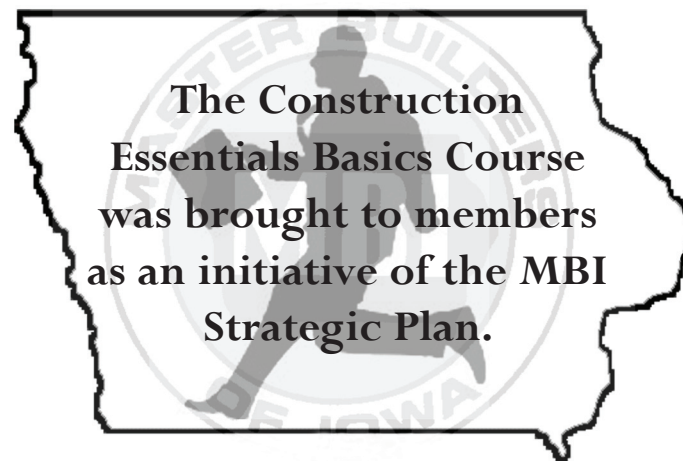
**Ted Garrison**  
**Garrison & Associates**  
**Ormand Beach, Florida**

Ted has been a part of the construction industry for over 25 years. He brings with him practical experience working in framing crews, trim crews, and survey crews as well as time spent in executive positions during the development and construction of almost a billion dollars worth of construction. He was the Director of Construction on the Pennsylvania Convention Center. He brings real life experience to the platform in his 100+ seminars each year and his consulting work.

**Class will be held**  
**11:30 am - 1:00 pm**

**April 15, 2009**  
**Webinar**

Webinar details will be forwarded upon registration.



## May

### ASBESTOS-IS IT MAKING A COMEBACK?

Fee to attend is \$10 per person (Lunch will be provided)

Contrary to what many people believe, asbestos is not and has never been banned in the United States. Asbestos is well recognized as a health hazard and is highly regulated; however is it making its way back into the workplace? Learn what you need to do in order to protect yourself.

- Different classification of asbestos work
- Multi-employer worksites – Who is responsible
- When monitoring and assessments must be performed
- Common materials found with asbestos
- Methods of compliance

#### Presented by

**Phil Mercuris**  
**Master Builders of Iowa**  
**Des Moines, Iowa**

Phil Mercuris is the Vice President of Safety Services for the Master Builders of Iowa. For more than 29 years, Phil has been actively providing safety training for the construction industry. From 1979 to 1988, Phil served as a labor, safety and health consultant, and Safety Education Director with the State of Iowa, Division of Labor (OSHA).

**Ryan Hoenicke**  
**Master Builders of Iowa**  
**Des Moines, Iowa**

Ryan has received his bachelor's degree in Industrial Technology from Iowa State University with an emphasis in Occupational Health and Safety. For the past six years he has been working in both the private sector of safety and as a consultant with a primary focus on construction job site safety. He is also an accredited Certified Industrial Technologist (CIT).

**Class will be held**  
**11:30 am - 1:00 pm**

**May 6, 2009**

**Sioux City**

Marina Inn  
510 E 5th St  
South Sioux City, NE 68776

**May 13, 2009**

**Quad Cities**

Radisson Convention Center  
111 E Second St  
Davenport, IA 52801

**May 20, 2009**

**Iowa City**

Quality Inn & Suites  
2525 North Dodge Street  
Iowa City, IA 52245

**May 27, 2009**

**Des Moines**

Sheraton  
1800 50th Street  
West Des Moines, IA 50266